

## CAIRNS EMERGENCY RELIEF & SUPPORT SERVICES

AGENCY	CONTACT DETAILS	ER DAYS & TIMES	WHO CAN ACCESS	ASSISTANCE
<b>St Vincent De Paul</b>	FNQ call centre Ph: 1800 846 643 8am-4pm Mon-Fri  Alternatively, refer to St Vincent de Paul website which has an online enquiry form (Vinnies help form)  <b>NOT PROVIDED AT VINNIES SHOPS</b>	<b>Cairns Support Centre</b> <b>82 Anderson St.</b> Tues & Friday 9 am – 12pm <b>Northern Suburbs</b> Mon – Wed – Fri 1pm – 5pm <b>Southern Suburbs/Gordonvale</b> <b>Edmonton – Thur. 1pm -5pm</b> <b>Gordonvale – Friday Mornings</b>	<ul style="list-style-type: none"> <li>• Anyone who is homeless, at risk or disadvantaged</li> <li>• ID Required</li> </ul>	<ul style="list-style-type: none"> <li>• Home visits</li> <li>• Food parcels</li> <li>• Food Vouchers</li> <li>• Clothing linen</li> <li>• Furniture</li> <li>• Prescriptions (emergency)</li> <li>• Telstra Vouchers</li> </ul>
<b>Salvo's Connect</b> <b>72 Hoare Street</b> <b>(07) 4051 2454</b>	State Wide: Ph: 07 3001 6288 Mon-Fri 9-5	<b>Collection following phone assessment only Mon-Fri</b> <b>Collection between 9:30am-11:30am</b>	<ul style="list-style-type: none"> <li>• People in need</li> <li>• ID Required</li> </ul>	<ul style="list-style-type: none"> <li>• Financial Assistance</li> <li>• Material Aid</li> <li>• Case worker support for complex issues</li> </ul>
<b>"Pantry and Wardrobe"</b> <b>Anglicare NQ Food Bank</b>	479 Mulgrave Road Earlville 4870 Ph: 0417 351 502 communityoutreach@anglicare.net	<b>Monday- Friday</b> <b>10am – 3pm</b> FOOD PARCELS BY REFERRAL ONLY	<ul style="list-style-type: none"> <li>• All community members</li> </ul>	<ul style="list-style-type: none"> <li>• Low cost grocery items</li> <li>• Low cost clothing (\$3/item)</li> <li>• Food parcels</li> </ul>
<b>Anglicare Homelessness Services Hub (The Hub)</b>	52A Comport Street, Portsmith Ph: 4046 8050	<b>Monday- Friday</b> <b>10am – 4pm</b>	<ul style="list-style-type: none"> <li>• Referrals to Food Bank</li> <li>• ID Required</li> </ul>	<ul style="list-style-type: none"> <li>• Support Service for people experiencing homelessness.</li> </ul>
<b>Centacare Manoora Neighbourhood Centre</b>	29 Marchant Street, Manoora Ph: 4044 0105	Monday – Friday 10am – 4pm  Community BBQ every Thursday , <b>1:30pm – 4:pm</b>	<ul style="list-style-type: none"> <li>• For families and individuals in need</li> </ul>	<ul style="list-style-type: none"> <li>• Community connect worker</li> <li>• Referral support</li> <li>• Printing and phone service available.</li> </ul>
<b>Hambledon House Community Centre Food Pantry</b>	177 Bruce Highway, Edmonton Ph: 4037 2874	<b>Monday – Friday: 9am-4pm</b>	<ul style="list-style-type: none"> <li>• People in need</li> <li>• ID Required</li> </ul>	<ul style="list-style-type: none"> <li>• Pantry items</li> <li>• Bread</li> <li>• Frozen meals</li> </ul>

<b>Gordonvale Early Years Centre</b>	33 Sheppard St. 4032 6860	<b>Thursdays 1pm-4pm</b>	<ul style="list-style-type: none"> <li>• People in Need</li> </ul>	<ul style="list-style-type: none"> <li>• Pantry items</li> <li>• Frozen meals</li> <li>• Bread</li> </ul>
<b>St. Michaels Parish Food Pantry</b>	17-19 Cannon St. Gordonvale 4037 2874	<b>Tues-Fri 9am-4pm</b>	<ul style="list-style-type: none"> <li>• People in Need</li> <li>• ID Required</li> </ul>	<ul style="list-style-type: none"> <li>• Pantry items</li> <li>• Frozen meals</li> <li>• Bread</li> </ul>
<b>UnitingCare Birch Street Community HUB</b>	98 Birch Street, Manunda Ph: 4032 6800	<b>Pantry Days: Thursday – 9am-11am or until empty</b>  <b>Daily: frozen meals during office hours</b>	<ul style="list-style-type: none"> <li>• People in need</li> <li>• Families and individuals</li> </ul>	<ul style="list-style-type: none"> <li>• Pantry days includes fresh produce, dairy, frozen meat/meals, bread, pantry items and toiletries from Oz Harvest.</li> <li>• Bread available Tues, Thurs and Fri as stock lasts.</li> </ul>
<b>Lighthouse Communicare (Soul Food)</b>	119 Brown Street Bungalow 0435 822 713 (call for appointment)	<b>Monday 9:30am-2:30pm</b>	<ul style="list-style-type: none"> <li>• People in need of an overnight food pack</li> <li>• Families</li> <li>• Singles</li> </ul>	<ul style="list-style-type: none"> <li>• Overnight Food Pack</li> </ul>
<b>Baptist Church</b>	138 – 142 Lake St Cairns	<b>Sunday night 7pm</b>	<ul style="list-style-type: none"> <li>• All ages</li> </ul>	Meal following 6pm worship
<b>Rosies Van –</b>	Barlow Park – Spence Street 07 3396 4267	<b>48-50 Moody Street, Opposite Hayward Street</b> <b>Monday Fortnightly: 7.00pm – 8.30pm</b> <b>Barlow Park, Spence St entrance opposite Turners Electrical</b> Monday Fortnightly: 7.00pm – 8.30pm Thursday, Friday, Saturday & Sunday: 7.00pm – 8.30pm  302 Gatton Street, Cairns Wednesday: 7.00pm – 8.30pm	<ul style="list-style-type: none"> <li>• People in need</li> </ul>	<ul style="list-style-type: none"> <li>• Hot meal Tea and Coffee</li> </ul>

<b>Orange Sky Laundry</b>	212 McCormack St, Manunda 28 Pease Street Manoora 251-269 Severin Street Parramatta Park <a href="http://Orangesky.org.au/use-our-service/#cairns">Orangesky.org.au/use-our-service/#cairns</a>	<b>Friday's 9am-11am</b>	<ul style="list-style-type: none"> <li>• People in Need</li> </ul>	<ul style="list-style-type: none"> <li>• Free clothes washing and drying</li> </ul>
<b>QLD Council for LGBTI Health</b>	290 Draper Street 4041 5451	<b>Tues-Fri 10am-4pm</b>	<ul style="list-style-type: none"> <li>• Lesbian, Gay, Bisexual, Transgender, intersex, Queer, Sistergirl, Brotherboy</li> </ul>	<ul style="list-style-type: none"> <li>• Food parcels</li> <li>• Clothing/toiletries</li> <li>• Condoms/health info</li> <li>• Drop in (coffee/tea)</li> <li>• Support and referrals</li> <li>• LGBTI+ Aged care navigation</li> <li>• BBQ 3<sup>rd</sup> Friday every month</li> <li>• Seniors morning tea 3<sup>rd</sup> Wednesday every month.</li> </ul>
<b>Homelessness Helpline: 1800 474 753 24/7    DV Connect: 1800 811 811 24/7    Mens Line: 1800 600 636    Lifeline: 13 11 14    QSTARS: 1300 744 263</b>				